

# E5 Leader



## WHAT DOES EXCUSE MEAN?

- An excuse is the skin of a reason justified by a lie.
- Don't give excuses in life. Don't feel compelled to explain why you're not doing things you know you should or are afraid to do.
- If need be, say "I blew it, I'm sorry, I messed up. I'll do better." That's not an excuse and you can get right to whatever it is and take care of the challenge.
- One of the most frequent excuses heard is "I'm sorry I'm late, I had this happen, that happen, the other happen." The real thing is that you just didn't plan accordingly.
- You lose your capital value with people when you make excuses.