

E5 Leader



HAS YOUR SPOUSE ALWAYS BEEN ONBOARD?

- When developing leadership skills or trying to grow forward, you might experience a little 'kick back'.

Married or single – some well-meaning spouse or friend can reject the idea that you're going to change.

They take a "Show me. Let's wait and see" attitude.

- They only know the 'old' you. You're going to have to prove it to them.

- **PERSEVERE**

They will start to see the changes.

They will recognize the efforts you put forth to become better.

- Proof is in the pudding. Allow them to witness your efforts.

- Leave the books that you're reading.

- Speak positive.

- Have dream lists: build them, leave them out.

As they witness your consistent efforts, your development and different approach to life, they will realize it isn't just a passing fancy but a new way of life.

- Bring them in to understand what you're doing and how you're doing it so that they can join in.