

E5 Leader



GRATITUDE

- Make the decision every day to have an Attitude of Gratitude.
- Those who are gracious and have a gratitude attitude are attractive people.
 - Appreciation is positive and draws others in like a magnet.
- Having an attitude of gratitude attracts like-minded people
 - You attract those who have similar values-- people who are joyful and happy; the do-ers in the world.
- Make a mental decision to have gratitude.
 - Don't wait for great things to happen, find things. (Be grateful for your parents without them you wouldn't be here; be grateful for the job you have when others don't even have one.)
- Find the gratitude in your own situation and in your own life, and it multiplies.
- Gratitude allows you and empowers you to be others-focused.